

Uisce Álainn Event Safety Statement

Event run by Medb's Dragon Warriors on May 2nd 2026

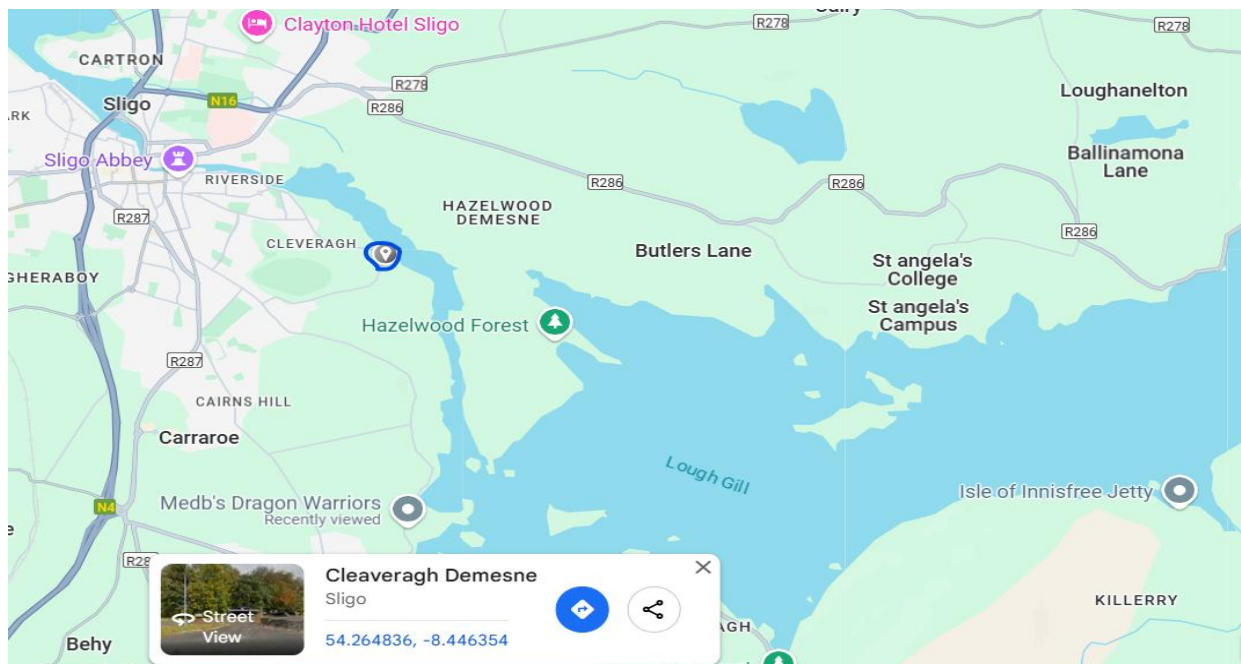
Event Venue Address: Doorly Pk Slipway (Cleveragh Demesne),
Cleveragh Road, Sligo



EMERGENCY dial 112 or 999

This is a participatory event NOT run under race regatta conditions

- Location: Garavogue River and Lough Gill
- Water Conditions: slow moving wide river leading from open lake
- Participants: members of Dragon Boat/Kayak/Rowing clubs experienced in their disciplines
- Total Participant Numbers: max 100
- Dragon Boat teams: max 20 =18 paddlers+helm+drummer per boat...min 12 paddlers
- All participants must wear issued event wristbands
- Water Safety Support: Safety Powerboat and crew shadowing participants throughout. First Aiders both on water and land
- Land Safety Support: First Aiders, AED at Doorly Pk slipway
- Clothing: All participants and safety boat crew to wear suitable clothing for the event. PFD must be worn at all times on and around the water. This is a legal requirement in Ireland. Rowers have the only exemption to this legal requirement.
- Event duration: approx. 6hrs (combined land and water activities)
- Sheltered areas, toilets, hot food and drinks will be provided onshore for participant's comfort



Dragon Boat Club for Cancer
Survivors & Supporters
Embrace your Inner Dragon